



Covered Benefits Matrix for Adults

The matrix below lists the available benefits for adults (age 21 and older) enrolled in the West Virginia Mountain Health Trust and West Virginia Health Bridge Medicaid programs.

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
Ambulance	Ambulance
Ambulatory surgical center services Some services require prior authorization.	Ambulatory surgical center services Some services require prior authorization.
Behavioral health rehabilitation Residential treatment	Behavioral health rehabilitation Residential treatment
Chiropractic services Covered <i>Limitations</i> <ul style="list-style-type: none"> • 24 visits per calendar year 	Chiropractic services Covered <i>Limitations</i> <ul style="list-style-type: none"> • 24 visits per calendar year
Dental services Coverage includes <u>emergency</u> services provided by a dentist or oral surgeon and is limited to the treatment of fractures of mandible and maxilla, biopsy, removal of tumors, and emergency extractions. <i>Limitations</i> Dental services <u>do not</u> include temporomandibular joint (TMJ) surgery and treatment.	Dental services Coverage includes <u>emergency</u> services provided by a dentist or oral surgeon and is limited to the treatment of fractures of mandible and maxilla, biopsy, removal of tumors, and emergency extractions. <i>Limitations</i> Dental services <u>do not</u> include temporomandibular joint (TMJ) surgery and treatment.
Diabetes care Coverage includes an annual dilated retinal eye (DRE) exam for diabetic members.	Diabetes care Coverage includes an annual dilated retinal eye (DRE) exam for diabetic members.
Durable medical equipment (DME) Prior authorization is required. Includes: <ul style="list-style-type: none"> • Orthotics and prosthetics • Custom DME 	Durable medical equipment (DME) Prior authorization is required. Includes: <ul style="list-style-type: none"> • Orthotics and prosthetics • Custom DME

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
<p>Family planning Includes:</p> <ul style="list-style-type: none"> • Family planning clinics • Private physicians • Services and supplies • Education and counseling • Medical visits for birth control • Human papillomavirus (HPV) testing for women age 18 and older • Pregnancy tests • Lab tests • Tests for sexually transmitted infections (STIs) • Screening, testing, counseling and treatment referral for members at risk for HIV • Sterilization <p>The following are not considered family planning:</p> <ul style="list-style-type: none"> • Hysterectomies • Abortions* <p>* Abortions are covered directly by the state's fee-for-service Medicaid program.</p>	<p>Family planning Includes:</p> <ul style="list-style-type: none"> • Family planning clinics • Private physicians • Services and supplies • Education and counseling • Medical visits for birth control • Human papillomavirus (HPV) testing for women age 18 and older • Pregnancy tests • Lab tests • Tests for sexually transmitted infections (STIs) • Screening, testing, counseling and treatment referral for members at risk for HIV • Sterilization <p>The following are not considered family planning:</p> <ul style="list-style-type: none"> • Hysterectomies • Abortions* <p>* Abortions are covered directly by the state's fee-for-service Medicaid program.</p>
<p>Home health (including skilled nursing) Services are provided at the recipient's place of residence on orders of a physician. Place of residence is not any of the following:</p> <ul style="list-style-type: none"> • Hospital nursing facility • Intermediate care facility/mental retardation • State institution <p><i>Limitations</i> 60 visits per benefit year (prior authorization required)</p>	<p>Home health (including skilled nursing) Services are provided at the recipient's place of residence on orders of a physician. Place of residence is not any of the following:</p> <ul style="list-style-type: none"> • Hospital nursing facility • Intermediate care facility/mental retardation • State institution <p><i>Limitations</i> 100 visits per benefit year (prior authorization required)</p>

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
<p>Hospice Includes:</p> <ul style="list-style-type: none"> • Nursing care • Physician services • Medical social services • Short-term inpatient care • DME • Drugs • Biologicals • Home health aide and homemaker <p>There must be physician certification that the recipient has a life expectancy of six months or less. The recipient waives his or her right to other Medicaid services related to the terminal illness.</p>	<p>Hospice Includes:</p> <ul style="list-style-type: none"> • Nursing care • Physician services • Medical social services • Short-term inpatient care • DME • Drugs • Biologicals • Home health aide and homemaker <p>There must be physician certification that the recipient has a life expectancy of six months or less. The recipient waives his or her right to other Medicaid services related to the terminal illness.</p>
<p>Inpatient services Prior authorization is required. Unlimited, medically necessary days are covered.* Includes:</p> <ul style="list-style-type: none"> • Inpatient hospital care • Inpatient behavioral health and substance abuse treatment <p>* Members who are awaiting or have received an organ or tissue transplant are covered directly by the state’s fee-for-service Medicaid program.</p>	<p>Inpatient services Prior authorization is required. Unlimited, medically necessary days are covered.* Includes:</p> <ul style="list-style-type: none"> • Inpatient hospital care • Inpatient behavioral health and substance abuse treatment • Inpatient rehabilitation <p>* Members who are awaiting or have received an organ or tissue transplant are covered directly by the state’s fee-for-service Medicaid program.</p>
<p>Nonemergency medical transportation Covered directly by the state’s fee-for-service Medicaid program</p>	<p>Nonemergency medical transportation Covered directly by the state’s fee-for-service Medicaid program</p>
<p>Nursing home services Covered directly by the state’s fee-for-service Medicaid program</p>	<p>Nursing home services Covered directly by the state’s fee-for-service Medicaid program</p>
<p>Nutritional education Self-enrollment in Weight Watchers® program</p>	<p>Nutritional education Self-enrollment in Weight Watchers program</p>

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
<p>Outpatient services Includes:</p> <ul style="list-style-type: none"> • Diagnostic X-rays, lab services and testing* • Cardiac rehabilitation • Pulmonary rehabilitation • Chemical dependency and mental health services (prior authorization required) • Behavioral health (details in the <i>Behavioral Health Benefits Matrix</i>) • Diabetes education and nutritional counseling • Occupational, physical and speech therapy <p>* CTs, MRIs, PET MRAs and SPECTs require prior authorization.</p> <p><i>Limitations</i></p> <ul style="list-style-type: none"> • For combined therapies (includes physical and occupational therapy services billed as professional and outpatient): 10 visits per 12 rolling months without prior authorization • For speech therapy: 10 visits per 12 rolling months without prior authorization <p>There is no limit to medically necessary services with prior authorization.</p>	<p>Outpatient services Includes:</p> <ul style="list-style-type: none"> • Diagnostic X-rays, lab services and testing* • Cardiac rehabilitation • Pulmonary rehabilitation • Chemical dependency and mental health services (prior authorization required) • Behavioral health (details in the <i>Behavioral Health Benefits Matrix</i>) • Diabetes education and nutritional counseling • Occupational, physical and speech therapy <p>* CTs, MRIs, PET MRAs and SPECTs require prior authorization.</p> <p><i>Limitations</i></p> <ul style="list-style-type: none"> • For combined therapies (includes physical and occupational therapy services billed as professional and outpatient): 30 visits per 12 rolling months without prior authorization • For speech therapy: 30 visits per 12 rolling months without prior authorization <p>There is no limit to medically necessary services with prior authorization.</p>
<p>Personal care services Covered directly by the state’s fee-for-service Medicaid program</p>	<p>Personal care services Not covered</p>
<p>Physicians, nurse practitioners, midwives, rural health clinics (RHCs) and federally qualified health centers (FQHCs) Includes:</p> <ul style="list-style-type: none"> • Physicians and physician assistants • Nurse practitioners • Nurse midwife services • Supplies • Intermittent visiting nurse care (in designated shortage areas) 	<p>Physicians, nurse practitioners, midwives, rural health clinics (RHCs) and federally qualified health centers (FQHCs) Includes:</p> <ul style="list-style-type: none"> • Physicians and physician assistants • Nurse practitioners • Nurse midwife services • Supplies • Intermittent visiting nurse care (in designated shortage areas)

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
<ul style="list-style-type: none"> • Primary care office visits • Physician office visits (including specialty care) • Diabetes education and nutrition counseling (includes annual DRE exam for diabetic members) • Well-child visits • Podiatry services:* <ul style="list-style-type: none"> ○ Treatment for acute conditions (infections, inflammations, ulcers and bursitis) ○ Surgeries for bunions and ingrown toenails ○ Reduction of fractures, dislocation and treatment of sprains ○ Orthotics <p>* Routine foot care treatment for flat foot, nail trimming and subluxations of the foot are not covered.</p>	<ul style="list-style-type: none"> • Primary care office visits • Physician office visits (including specialty care) • Diabetes education and nutrition counseling (includes annual DRE exam for diabetic members) • Well-child visits • Podiatry services:* <ul style="list-style-type: none"> ○ Treatment for acute conditions (infections, inflammations, ulcers and bursitis) ○ Surgeries for bunions and ingrown toenails ○ Reduction of fractures, dislocation and treatment of sprains ○ Orthotics <p>* Routine foot care treatment for flat foot, nail trimming and subluxations of the foot are not covered.</p>
<p>Prescriptions Prescriptions are covered and paid by the state’s fee-for-service Medicaid program.</p>	<p>Prescriptions Prescriptions are covered and paid by the state’s fee-for-service Medicaid program.</p>
<p>Psychological services For more details, see the <i>Behavioral Health Benefits Matrix</i>.</p>	<p>Psychological services For more details, see the <i>Behavioral Health Benefits Matrix</i>.</p>
<p>Right From the Start (RFTS) RFTS is a statewide home visitation program committed to improving birth outcomes for pregnant women and their families. Includes:</p> <ul style="list-style-type: none"> • Coordinating childbirth and parenting classes • Arranging transportation to medical appointments • Assisting with quitting smoking • Guiding healthier eating habits for patients and their babies 	<p>Right From the Start (RFTS) RFTS is a statewide home visitation program committed to improving birth outcomes for pregnant women and their families. Includes:</p> <ul style="list-style-type: none"> • Coordinating childbirth and parenting classes • Arranging transportation to medical appointments • Assisting with quitting smoking • Guiding healthier eating habits for patients and their babies
<p>Tobacco cessation Information on smoking and tobacco cessation is available through the UniCare Health Plan of West Virginia, Inc. Health Education program (includes access to the Quit Line).</p>	<p>Tobacco cessation Information on smoking and tobacco cessation is available through the UniCare Health Plan of West Virginia, Inc. Health Education program (includes access to the Quit Line).</p>

West Virginia Mountain Health Trust benefits	West Virginia Health Bridge benefits
<p>Vision services The following are covered: annual dilated retinal exam for diabetic members and medical treatment, the first pair of eyeglasses after cataract surgery, and contact lenses for certain diagnoses. Note: Prescription sunglasses and designer frames are excluded.</p>	<p>Vision services The following are covered: annual dilated retinal exam for diabetic members and medical treatment, the first pair of eyeglasses after cataract surgery, and contact lenses for certain diagnoses. Note: Prescription sunglasses and designer frames are excluded.</p>