## **Covered Benefits Matrix for Adults**

The matrix below lists the available benefits for adults (age 21 and older) enrolled in the West Virginia Mountain Health Trust and West Virginia Health Bridge Medicaid programs.

| West Virginia Mountain Health Trust<br>benefits | West Virginia Health Bridge<br>benefits         |
|---|---|
| Ambulance                                       | Ambulance                                       |
| Ambulatory surgical center services             | Ambulatory surgical center services             |
| Some services require prior authorization.      | Some services require prior authorization.      |
| Behavioral health rehabilitation                | Behavioral health rehabilitation                |
| Residential treatment                           | Residential treatment                           |
| Chiropractic services                           | Chiropractic services                           |
| Covered   | Covered   |
|   |   |
| Limitations                                     | Limitations                                     |
| • 24 visits per calendar year                   | • 24 visits per calendar year                   |
| Dental services                                 | Dental services                                 |
| Coverage includes <u>emergency</u> services     | Coverage includes <u>emergency</u> services     |
| provided by a dentist or oral surgeon and is    | provided by a dentist or oral surgeon and is    |
| limited to the treatment of fractures of        | limited to the treatment of fractures of        |
| mandible and maxilla, biopsy, removal of        | mandible and maxilla, biopsy, removal of        |
| tumors, and emergency extractions.              | tumors, and emergency extractions.              |
|   |   |
| Limitations                                     | Limitations                                     |
| Dental services <u>do not</u> include           | Dental services <u>do not</u> include           |
| temporomandibular joint (TMJ) surgery and       | temporomandibular joint (TMJ) surgery and       |
| treatment.                                      | treatment.                                      |
| Diabetes care                                   | Diabetes care                                   |
| Coverage includes an annual dilated retinal eye | Coverage includes an annual dilated retinal eye |
| (DRE) exam for diabetic members.                | (DRE) exam for diabetic members.                |
| Durable medical equipment (DME)                 | Durable medical equipment (DME)                 |
| Prior authorization is required. Includes:      | Prior authorization is required. Includes:      |
| Orthotics and prosthetics                       | Orthotics and prosthetics                       |
| Custom DME                                      | Custom DME                                      |

| West Virginia Mountain Health Trust             | West Virginia Health Bridge                      |
|---|--|
| benefits  | benefits   |
| Family planning                                 | Family planning                                  |
| Includes:                                       | Includes:  |
| Family planning clinics                         | Family planning clinics                          |
| Private physicians                              | Private physicians                               |
| • Services and supplies                         | • Services and supplies                          |
| • Education and counseling                      | • Education and counseling                       |
| Medical visits for birth control                | • Medical visits for birth control               |
| • Human papillomavirus (HPV) testing            | • Human papillomavirus (HPV) testing             |
| for women age 18 and older                      | for women age 18 and older                       |
| Pregnancy tests                                 | Pregnancy tests                                  |
| Lab tests                                       | Lab tests  |
| • Tests for sexually transmitted                | • Tests for sexually transmitted                 |
| infections (STIs)                               | infections (STIs)                                |
| • Screening, testing, counseling and            | • Screening, testing, counseling and             |
| treatment referral for members at risk          | treatment referral for members at risk           |
| for HIV   | for HIV  |
| • Sterilization                                 | • Sterilization                                  |
| The following are not considered family         | The following are not considered family          |
| planning:                                       | planning:  |
| Hysterectomies                                  | Hysterectomies                                   |
| Abortions*                                      | Abortions*                                       |
| * Abortions are covered directly by the state's | * Abortions are covered directly by the state's  |
| fee-for-service Medicaid program.               | fee-for-service Medicaid program.                |
| Home health (including skilled nursing)         | Home health (including skilled nursing)          |
| Services are provided at the recipient's place  | Services are provided at the recipient's place   |
| of residence on orders of a physician. Place of | of residence on orders of a physician. Place of  |
| residence is not any of the following:          | residence is not any of the following:           |
| Hospital nursing facility                       | Hospital nursing facility                        |
| • Intermediate care facility/mental             | • Intermediate care facility/mental              |
| retardation                                     | retardation                                      |
| • State institution                             | • State institution                              |
| Limitations                                     | Limitations                                      |
| 60 visits per benefit year (prior authorization | 100 visits per benefit year (prior authorization |
| required)                                       | required)  |

| West Virginia Mountain Health Trust   | West Virginia Health Bridge  |
|---|--|
| benefits  | benefits   |
| Hospice   | Hospice  |
| Includes:   | Includes:  |
| Nursing care  | Nursing care   |
| Physician services  | Physician services   |
| Medical social services   | Medical social services  |
| • Short-term inpatient care   | • Short-term inpatient care  |
| • DME   | • DME  |
| • Drugs   | • Drugs  |
| Biologicals   | Biologicals  |
| • Home health aide and homemaker  | • Home health aide and homemaker   |
| There must be physician certification that the  | There must be physician certification that the                                       |
| recipient has a life expectancy of six months or  | recipient has a life expectancy of six months or                                     |
| less. The recipient waives his or her right to  | less. The recipient waives his or her right to                                       |
| other Medicaid services related to the  | other Medicaid services related to the   |
| terminal illness.   | terminal illness.  |
| Inpatient services  | Inpatient services   |
| Prior authorization is required. Unlimited,   | Prior authorization is required. Unlimited,  |
| medically necessary days are covered.*<br>Includes:                                     | medically necessary days are covered.*<br>Includes:                                  |
|   |  |
| <ul> <li>Inpatient hospital care</li> <li>Inpatient behavioral health and</li> </ul>    | <ul> <li>Inpatient hospital care</li> <li>Inpatient behavioral health and</li> </ul> |
| Inpatient behavioral health and substance abuse treatment                               | • Inpatient behavioral health and substance abuse treatment                          |
| substance abuse treatment   | <ul> <li>Inpatient rehabilitation</li> </ul>   |
|   | • Inpatient renabilitation   |
| * Members who are awaiting or have received   | * Members who are awaiting or have received  |
| an organ or tissue transplant are covered   | an organ or tissue transplant are covered  |
| directly by the state's fee-for-service Medicaid  | directly by the state's fee-for-service Medicaid                                     |
| program.  | program.   |
| Nonemergency medical transportation   | Nonemergency medical transportation  |
| Covered directly by the state's fee-for-service   | Covered directly by the state's fee-for-service                                      |
| Medicaid program  | Medicaid program   |
| Nursing home services   | Nursing home services  |
| Covered directly by the state's fee-for-service   | Covered directly by the state's fee-for-service                                      |
| Medicaid program  | Medicaid program   |
| <b>Nutritional education</b><br>Self-enrollment in Weight Watchers <sup>®</sup> program | Nutritional education  |
| Sen-emoniment in weight watchers program  | Self-enrollment in Weight Watchers program   |

| West Virginia Mountain Health Trust   | West Virginia Health Bridge  |
|---|--|
| benefits  | benefits   |
| Outpatient services   | Outpatient services  |
| Includes:   | Includes:  |
| • Diagnostic X-rays, lab services and   | • Diagnostic X-rays, lab services and  |
| testing*  | testing*   |
| Cardiac rehabilitation  | Cardiac rehabilitation   |
| Pulmonary rehabilitation  | Pulmonary rehabilitation   |
| • Chemical dependency and mental  | Chemical dependency and mental   |
| health services (prior authorization  | health services (prior authorization   |
| required)   | required)  |
| Behavioral health (details in the<br>Behavioral Health Benefits Matrix)       | Behavioral health (details in the<br>Behavioral Health Benefits Matrix)              |
| <ul> <li>Diabetes education and nutritional</li> </ul>                        | <ul> <li>Diabetes education and nutritional</li> </ul>                               |
| • Diabetes education and nutritional counseling                               | • Diabetes education and nutritional counseling                                      |
| <ul> <li>Occupational, physical and speech</li> </ul>                         | <ul> <li>Occupational, physical and speech</li> </ul>                                |
| therapy   | therapy  |
| * CTa MDIa DET MDAs and SDECTs maning   | * CTa MDIa DET MDAs and SDECTs require   |
| * CTs, MRIs, PET MRAs and SPECTs require prior authorization.                 | * CTs, MRIs, PET MRAs and SPECTs require prior authorization.                        |
|   |  |
| Limitations   | Limitations  |
| • For combined therapies (includes  | • For combined therapies (includes   |
| physical and occupational therapy   | physical and occupational therapy  |
| services billed as professional and   | services billed as professional and  |
| outpatient): 10 visits per 12 rolling   | outpatient): 30 visits per 12 rolling  |
| months without prior authorization  | months without prior authorization   |
| • For speech therapy: 10 visits per 12  | • For speech therapy: 30 visits per 12   |
| rolling months without prior  | rolling months without prior   |
| authorization   | authorization  |
| There is no limit to medically necessary                                      | There is no limit to medically necessary   |
| services with prior authorization.  | services with prior authorization.   |
| Personal care services  | Personal care services   |
| Covered directly by the state's fee-for-service                               | Not covered  |
| Medicaid program  |  |
| Physicians, nurse practitioners, midwives,                                    | Physicians, nurse practitioners, midwives,   |
| rural health clinics (RHCs) and federally<br>qualified health centers (FQHCs) | rural health clinics (RHCs) and federally qualified health centers (FQHCs)           |
| Includes:   | Includes:  |
| <ul> <li>Physicians and physician assistants</li> </ul>                       | Physicians and physician assistants  |
| <ul> <li>Nurse practitioners</li> </ul>                                       | <ul> <li>Invisional and physician assistants</li> <li>Nurse practitioners</li> </ul> |
| <ul> <li>Nurse midwife services</li> </ul>                                    | <ul> <li>Nurse midwife services</li> </ul>   |
| <ul> <li>Supplies</li> </ul>  | <ul><li>Supplies</li></ul>   |
| <ul><li>Intermittent visiting nurse care (in</li></ul>                        | <ul><li>Intermittent visiting nurse care (in</li></ul>                               |
| designated shortage areas)  | designated shortage areas)   |
|   | aconginated shortage areas)  |

| West Virginia Mountain Health Trust   | West Virginia Health Bridge   |
|---|---|
| benefits  | benefits  |
| <ul> <li>Primary care office visits</li> <li>Physician office visits (including specialty care)</li> <li>Diabetes education and nutrition counseling (includes annual DRE exam for diabetic members)</li> <li>Well-child visits</li> <li>Podiatry services:*         <ul> <li>Treatment for acute conditions (infections, inflammations, ulcers and bursitis)</li> <li>Surgeries for bunions and ingrown toenails</li> <li>Reduction of fractures, dislocation and treatment of sprains</li> <li>Orthotics</li> </ul> </li> </ul> | <ul> <li>Primary care office visits</li> <li>Physician office visits (including specialty care)</li> <li>Diabetes education and nutrition counseling (includes annual DRE exam for diabetic members)</li> <li>Well-child visits</li> <li>Podiatry services:*         <ul> <li>Treatment for acute conditions (infections, inflammations, ulcers and bursitis)</li> <li>Surgeries for bunions and ingrown toenails</li> <li>Reduction of fractures, dislocation and treatment of sprains</li> <li>Orthotics</li> </ul> </li> </ul> |
| * Routine foot care treatment for flat foot, nail trimming and subluxations of the foot are not covered.  | * Routine foot care treatment for flat foot, nail trimming and subluxations of the foot are not covered.  |
| Prescriptions   | Prescriptions   |
| Prescriptions are covered and paid by the   | Prescriptions are covered and paid by the   |
| state's fee-for-service Medicaid program.   | state's fee-for-service Medicaid program.   |
| Psychological services  | Psychological services  |
| For more details, see the <i>Behavioral Health</i>  | For more details, see the <i>Behavioral Health</i>  |
| Benefits Matrix.  | Benefits Matrix.  |
| <b>Right From the Start (RFTS)</b>  | <b>Right From the Start (RFTS)</b>  |
| RFTS is a statewide home visitation program<br>committed to improving birth outcomes for  | RFTS is a statewide home visitation program<br>committed to improving birth outcomes for  |
| pregnant women and their families. Includes:  | pregnant women and their families. Includes:  |
|   | pregnant women and then rammes. merades.  |
| • Coordinating childbirth and parenting   | <ul> <li>Coordinating childbirth and narenting</li> </ul>   |
| <ul> <li>Coordinating childbirth and parenting<br/>classes</li> </ul>   | <ul> <li>Coordinating childbirth and parenting<br/>classes</li> </ul>   |
| <ul> <li>Coordinating childbirth and parenting classes</li> <li>Arranging transportation to medical appointments</li> </ul>   | <ul> <li>Coordinating childbirth and parenting classes</li> <li>Arranging transportation to medical appointments</li> </ul>   |
| <ul><li>classes</li><li>Arranging transportation to medical</li></ul>   | <ul><li>classes</li><li>Arranging transportation to medical</li></ul>   |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for</li> </ul>   | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for</li> </ul>   |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul>   | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul>   |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> Tobacco cessation   | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> Tobacco cessation   |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation   | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation   |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation is available through the UniCare Health Plan  | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation is available through the UniCare Health Plan  |
| <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation   | <ul> <li>classes</li> <li>Arranging transportation to medical appointments</li> <li>Assisting with quitting smoking</li> <li>Guiding healthier eating habits for patients and their babies</li> </ul> <b>Tobacco cessation</b> Information on smoking and tobacco cessation   |

| West Virginia Mountain Health Trust<br>benefits  | West Virginia Health Bridge<br>benefits          |
|--|--|
| Vision services                                  | Vision services                                  |
| The following are covered: annual dilated        | The following are covered: annual dilated        |
| retinal exam for diabetic members and medical    | retinal exam for diabetic members and medical    |
| treatment, the first pair of eyeglasses after    | treatment, the first pair of eyeglasses after    |
| cataract surgery, and contact lenses for certain | cataract surgery, and contact lenses for certain |
| diagnoses.                                       | diagnoses.                                       |
| Note: Prescription sunglasses and designer       | Note: Prescription sunglasses and designer       |
| frames are excluded.                             | frames are excluded.                             |