

PCP Checklist for Tonsillectomy in Children

Patient Name: _____	Patient DOB: _____
Member ID #: _____	PCP Name: _____
Accompanying Referral #: _____	Referral Date: _____

PCP to complete & send to ENT specialist:

<p>1. Has the patient had a pattern of recurrent of throat infections? (check as applicable)</p> <p><input type="checkbox"/> 7 episodes in the past year</p> <p><input type="checkbox"/> 5 episodes per year for 2 years</p> <p><input type="checkbox"/> 3 episodes per year for 3 years</p> <p>Has at least one of the following been associated with every episode?</p> <p>Temperature > 38.3°C (100.94°F)</p> <p>Cervical adenopathy</p> <p>Tonsillar exudates or erythema</p> <p>Positive test for Group A β-hemolytic streptococcus (GABHS)</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
OR
<p>2. Does the patient have history of recurrent throat infections with any of these factors? (check all that apply)</p> <p><input type="checkbox"/> Multiple antibiotic allergies/intolerances</p> <p><input type="checkbox"/> PFAPA (periodic fever, aphthous stomatitis, pharyngitis, and adenitis) syndrome</p> <p><input type="checkbox"/> Peritonsillar abscess</p> <p><input type="checkbox"/> Peritonsillar abscess</p>
OR
<p>3. Does the patient have the following?</p> <p>Tonsillar hypertrophy, a diagnosis of sleep-disordered breathing, and a condition related to the sleep-disordered breathing (e.g., growth retardation, poor school performance, enuresis, and behavioral problems) that is likely to improve after tonsillectomy.</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
OR
<p>4. Is there a suspicion of tonsillar malignancy?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>

PCP signature: _____